- FREQUENTLY ASKED QUESTIONS ***REV 2/15/2016***

* **QUESTION:** WHAT DO I DO IF THE GLANS (OR HEAD OF THE PENIS) SUBMERGES UNDER THE WRAP?
* **ANSWER:** REMOVE THE HALF FOLD UNDERNEATH THE GLANS, THAN FOLD DOWN THE BANDAGE AND ATTEMPT TO PULL THE GLANS OUT. AFTER GLANS IS OUT OF BANDAGE, PLACE HALF FOLD BACK ON WITH MILD TENSION.
* **QUESTION:** WHEN CAN I WORK-OUT AT THE GYM?
* **ANSWER:** IT IS RECOMMENDED TO WAIT 7 DAYS, THEN START A LIGHT WORK OUT FOR 7 DAYS. AFTER A FULL 14 DAYS YOU CAN RESUME FULL ACTIVITY. UNDERSTAND THAT MORE ACTIVITY, WHILE THE BANDAGES ARE ON, CAUSES SKIN IRRITATION AND MORE PAIN AND DISCOMFORT.
* **QUESTION:** WHAT IF THE WRAP GETS WET WITH URINE?
* **ANSWER:** TRY TO WASH WITH SOAP AND WATER THEN BLOW DRY, OR CHANGE IF (BUT ON OR AFTER DAY 2 OF PROCEDURE NOT EARLIER).
* **QUESTION:** WHAT IF I SEE SOME BLEEDING, WHAT DO I DO?
* **ANSWER:** SOME BLEEDING IN THE BANDAGE IS NORMAL. INCLUDE THAT IN YOUR DAILY PHOTOS FOR EVALUATION.
* **QUESTION:** WHAT IF I HAVE SWELLING IN THE PUBIC AND/OR SCROTAL (TESTICULAR) AREAS?
* **ANSWER:** SOME SWELLING OR TENDERNESS IS NORMAL. PLACE ICE ON PUBIC/SCROTAL AREA FOR 15-20 MINUTES EVERY HOUR.
* **QUESTION:** WHAT IF I SEE BLISTERS ON MY GLANS (HEAD OF PENIS) OR SHAFT SKIN?
* **ANSWER:** THIS IS NORMAL, DO NOT ATTEMPT TO POP THE BLISTERS.
* **QUESTION:** WHAT CAN I DO IF MY GLANS IF VERY SENSITIVE OR BEGINS TO HURT?
* **ANSWER:** APPLY LIDOCAINE OR EMLA CREAM EVERY 3-4 HOURS AS NEEDED. ALSO COVER GLANS WITH WHITE GAUZE TO PROTECT IT FROM RUBBING ON JEANS CAUSING PAIN/DISCOMFORT.

* **QUESTION:** IF I SEE SOME CUTS ON THE SKIN AT THE BASE OF THE PENIS, WHAT DO I DO?
* **ANSWER:** APPLY BACITRACIN OINTMENT WITH LIDOCAINE/EMLA CREAM TO HELP WITH PAIN.
* **QUESTION:** WHAT IF I HAVE A VERY BAD ODOR COMING FROM THE WRAP?
* **ANSWER**: THIS IS NORMAL. YOU CAN USE SOAP & WATER TO CLEAN THEN BLOW DRY OR USE PERFUME.
* **QUESTION:** I RAN OUT OF MEDICATION, DO I NEED MORE?
* **ANSWER:** NO. IF THE DOCTOR DOES NOT ASK YOU TO REFILL THE MEDICATIONS, DO NOT REFILL THEM.
* **QUESTION:** WHAT IF THE WRAP BECOMES WET IN THE SHOWER, WHAT DO I DO?
* **ANSWER:** USE A BLOW DRYER TO DRY THE WRAP.
* **QUESTION:** WHEN WILL I SEE THE RESULT OF THE TREATMENT?
* **ANSWER:** 3-4 WEEKS AFTER TREATMENT, THEN THE SIZE YOU SEE SHOULD REMAIN CONSTANT/STABLE.
* **QUESTION:** IS IT DANGEROUS IF SOME OF THE FILLER MATERIAL GOES INTO THE PUBIC OR SCROTAL AREA?
* **ANSWER:** NO, BUT MAY BECOME TENDER FOR A FEW DAYS OR EVEN WEEKS.
* **QUESTION:** WHAT IF MY GROIN LYMPH NODES ARE SORE OR BEGIN TO HURT?
* **ANSWER:** CALL THE OFFICE AND SEND UPDATE PHOTOS TO THE GROUP MESSAGE.

* **QUESTION:** AFTER THE WRAP IS REMOVED AFTER 21-DAYS:
* IS IT NORMAL TO SEE IRRITATED SKIN? **ANSWER: YES**
* IS THE SIZE I SEE THE GIRTH INCREASE RESULT? **ANSWER:** YES
* IF THERE IS ASYMMETRY IN THE PENILE SHAFT, WHAT DO I DO? **ANSWER:** FOLLOW SHAPING & SCULPTING PROTOCOL… SEVERAL TIMES A DAY FOR SEVERAL MINUTES TO ADJUST ANY ASSYMETRY.
* WHY DO I NEED TO USE THE RETAINER WRAP FOR 90-DAYS? **ANSWER:** TO HELP THE COLLAGEN THAT IS STILL FORMING FORM CORRECTLY AND SYMMETRICALLY.
* **QUESTION:** WHEN CAN I DO ANOTHER TREATMENT?
* **ANSWER:** 4 WEEKS AFTER YOUR FIRST TREATMENT, OR ANY TIME LATER.
* **QUESTION:** THE RING: WHEN DO I ADJUST THE INTERNAL DIAMETER OR HOLE SIZE**?**
* **ANSWER:** RING MUST REMAIN ON THE BASE OF THE SHAFT WITH HIGH TENSION AND SNUG ONTO THE PENILE SHAFT AT ALL TIMES (SNUG….MEANING THAT THE RING IS TOUCHING THE VERY BASE OF THE PENILE SHAFT WITH NO OR VERY LIGHT TENSION) IF THE RING IS TOO LARGE AND IS NOT SNUG FITTING, YOU CAN ADJUST THIS BY TAPING SOME BROWN STRETCH GAUZE (OR “NEXCARE” ABSOLUTE WATERPROOF TAPE) TO THE RING TO REDUCE THE INTERNAL DIAMETER OR HOLE SIZE. BY MAKING THE RING FIT SNUG, IT WILL HELP ELIMINATE FILLER LOSS INTO THE PUBIC AND OR SCROTAL AREAS.
* **QUESTION:** WHAT IF I HAVE ERECTIONS AT NIGHT AND THERE IS DISCOMFORT?
* **ANSWER:** IF YOU HAVE ERECTIONS AT NIGHT TIME DURING SLEEP AND THERE IS DISCOMFORT, IT IS RECOMMENDED TO TAKE 1-2 PAIN MEDICATION PILLS AT BEDTIME TO DECREASE THE DISCOMFORT FROM THE ERECTION AND THE ADDITIONAL SWELLING IT MAY CAUSE. ERECTIONS MIGHT ACTUALLY BE BENEFICIAL BY INCREASING BLOOD FLOW INTO THE PENIS AND ASSIST IN HEALING, AND ALSO MAY HELP SHAPE THE PENILE SHAFT.
* **QUESTION:** WHAT IF I HAVE FEVER & CHILLS?
* **ANSWER:** DURING THE FIRST 24-72 HOURS YOU MAY EXPERIENCE FEVER AND CHILLS (WHICH IS NORMAL). THIS IS DUE TO YOUR BODY REACTING WITH THE FILLER MEDICATION THAT WAS PLACED INTO THE PENIS. THIS IS NOT AN INFECTION AND IS NOT DANGEROUS AND WILL SUBSIDE.
* **QUESTION:** WHAT IF I HAVE SWELLING OF PENILE SKIN?
* **ANSWER:** SWELLING IS NORMAL, AND MAY TAKE UP TO 14-21 DAYS TO FULLY RESOLVE. YOUR PENILE SKIN, MAINLY THE THIN SKIN LOCATED JUST UNDER THE GLANS (OR PENIS HEAD), MAY ACCUMULATE EDEMA OR WATER FLUID AND SWELL UP – THIS IS NORMAL. AGGRESSIVE MASSAGING MAY BE NEEDED TO SHRINK THIS DOWN FOR CONTOURING AND SHAPING REASONS. USE FINGER PRESSURE FOR 20-30 SECONDS FOR SMALL BULGING AREAS. IF THIS SWELLING OCCURS, YOUR GLANS MAY SUBMERGE UNDER THE SWOLLEN SKIN AND NOT BE VISIBLE. IF THE GLANS SUBMERGES, TRY TO ‘PULL OUT’ THE GLANS AND TAPE IT, USING PAPERTAPE, IN ATTEMPT TO KEEP IN OUT. SWELLING OF THE SKIN MAY FIND A ‘WEAK SPOT’ IN THE BANDAGE AND ‘BULGE OUT’. AS SOON AS A SKIN BULGE OCCURS, YOU WILL FIRST GENTLY AND WITH EVEN PRESSURE SQUEEZE IT WITH YOUR FINGER TIPS FOR 10-15 SECONDS (OR LONGER IF NEEDED), THEN PLACE STRETCH GAUZE AROUND IT WITH MILD TENSION TO PREVENT IT FROM BULGING OUT AGAIN. YOU WILL AS INSTRUCTED, ADJUST THE ½ FOLD BROWN GAUZE AT THE TOP TO COVER THE BULGE, AND USE MILD TO MODERATE TENSION (NOT VERY HIGH TENSION).
* **QUESTION:** WHAT IF I HAVE URINE ‘LEAKING’?
* **ANSWER:** SINCE THE BANDAGE IS PLACING PRESSURE ON THE PENIS, THE URINARY BLADDER WILL NOT ALWAYS EMPTY AFTER URINATION. THIS MAY CAUSE ‘LEAKING’ INTO YOUR UNDERWEAR DURING THE DAY. IT IS RECOMMENDED TO PLACE TISSUE PAPER ON THE GLANS IF YOU LEAK URINE.
* **QUESTION:** WHAT IF I HAVE PAIN?
* **ANSWER:**  ***SHAFT OF PENIS:*** SOME PAIN AND DISCOMFORT MAY OCCUR, ESPECIALLY AT THE BASE OF THE BANDAGE AREA. IF THERE IS INTOLERABLE PAIN AT THE BASE AREA, YOU CAN APPLY ICE, TAKE THE 10-15 MINUTE RUBBER BAND BREAKS EVERY 3-4 HOURS INSTEAD OF EVERY 4-6 HOURS ONLY IF INSTRUCTED BY DR.LORIA, AND INSERT COTTON (WITH LIDOCAINE CREAM AND TRIAMCINOLONE OINTMENT) UNDER TIGHT BAND DIRECTLY ON THE SKIN. ***IN THE GLANS OR HEAD OF THE PENIS:*** SOME PAIN AND DISCOMFORT WILL USUALLY OCCUR AT THE GLANS, OR HEAD, OF THE PENIS. THIS IS USUALLY DUE TO THE GAUZE, LATEX, OR RUBBER BAND (IF GLANS WAS TREATED) PUTTING PRESSURE ON THE SKIN OF THE PENIS, WITH THE ADDITION OF SOME SWELLING AS WELL. APPLY THE LIDOCAINE CREAM & TRIAMCINOLONE OINTMENT ON 3-4 TIMES DAILY IF NECESSARY. ***IN THE GROIN OR ANY AREA OTHER THAN THE PENIS:***IF PAIN OCCURS IN ANY PLACE OTHER THAN THE PENIS – INCLUDING SHAFT OR GLANS- ***PLEASE CALL THE DOCTOR.***
* **QUESTION:** WHAT CLOTHING SHOULD I WEAR?
* **ANSWER:** PLACING COTTON UNDERWEAR IS HELPFUL JUST BEFORE THE PLASTIC RING AND STRAPS ARE PLACED ON. THIS WILL HELP REDUCE THE IRRITATION CAUSED BY THE PLASTIC RING AND STRAPS ON THE SKIN. REGARDING GENERAL CLOTHING SUCH AS JEANS OR PANTS, WEAR LOOSE FITTING CLOTHES TO HELP PREVENT EXCESSIVE PRESSURE TO BE PLACED ON THE SHAFT.
* **QUESTION:** WHAT POSTURE IS BEST IN GENERAL, DURING WORK, AND DURING SLEEP?
* **ANSWER:** DO NOT SQUAT DOWN. THIS MOTION WILL CAUSE THE PENIS TO PULL INWARDS AND DISRUPT THE BANDAGE. IF YOU NEED TO BEND DOWN TO PICK UP YOUR CHILD OR TIE YOUR SHOES, ETC., YOU CAN BEND DOWN ON ONE KNEE TEMPORARILY. BY BENDING ON ONE KNEE WILL HELP PREVENT THE PELVIS FROM ROTATING AND PULLING THE PENIS INWARDS. WHEN SITTING AT YOUR DESK OR IN YOUR CAR, LEAN BACK A BIT…OR SLOUCH…THIS WILL PREVENT THE PENIS FROM PULLING INWARDS. ***DO NOT SLEEP ON YOUR STOMACH***, THIS WILL PLACE TOO MUCH PRESSURE ON THE BANDAGE. PLEASE SLEEP ON YOUR BACK OR SIDE. IF SLEEPING ON YOUR SIDE, YOU MAY WANT TO PLACE 1-2 PILLOWS BETWEEN YOUR LEGS TO HELP PREVENT ROLLING OVER ONTO YOUR STOMACH.
* **QUESTION:** WHEN CAN I HAVE SEX?
* **ANSWER:** **NO SEX FOR 21-28 DAYS AFTER YOUR PROCEDURE.** THIS INCLUDES VAGINAL SEX, ANAL SEX, ORAL SEX, AND MASTURBATION. IF SEX OCCURS BEFORE THE 21-DAY PERIOD THERE IS AN INCREASED RISK OF AN UNDESIRABLE PENILE SHAPE DUE TO FILLER MATERIAL SHIFTING. **WAIT THE FULL 21- 28 DAYS** IF YOU HAVE SKIN CUTS THAT NEED TO HEAL.
* **QUESTION:** WHAT IS CONSIDERED AND NOT CONSIDERED AN EMERGENCY?
* **ANSWER:** GLANS AND SHAFT BRUISING AND BLISTERS ARE NORMAL. MILD PAIN, AND AT TIMES MODERATE PAIN, MAY OCCUR. ***THIS IS NORMAL.*** MILD TO MODERATE SWELLING USUALLY WILL OCCUR. ***THIS IS NORMAL.*** SOME BLEEDING WILL OCCUR AND YOU WILL NOTICE THIS IN THE BANDAGE. ***THIS IS NORMAL.*** IF THE GLANS HAS SOME BLUE COLOR THAT IS OK. EXCESSIVE PAIN OR SWELLING, OR MODERATE TO SEVERE BLEEDING/DRAINAGE OR THE BANDAGE BEING WET, **THIS IS AN EMERGENCY.** IN CASE OF AN EMERGENCY CALL THE LORIA MEDICAL STAFF, OR IF THERE IS A DELAY IN CONTACTING US, REMOVE THE ENTIRE WRAP, TAKE A HOT SHOWER, THEN FOLLOW THE REWRAP PROTOCOL. **CALL 911** OR **GO TO NEAREST EMERGENCY ROOM ONLY IF YOU’RE IN EXCESSIVE PAIN AND/OR DRAINAGE HAS NOT BEEN RESOLVED BY REWRAPPING.**
* **QUESTION:** WHAT IF I HAVE SWELLING IN THE PUBIC AND/OR SCROTAL AREAS?
* **ANSWER:** IF YOU EXPERIENCE EVEN MINOR SWELLING IN THE PUBIC AND OR SCROTAL ARES, YOU WILL NEED TO INCREASE THE TENSION ON THE HALF FOLD AT THE BASE OF THE PENILE SHAFT. THIS IS DONE BY FIRST REMOVING THE RUBBER BAND, THEN REMOVE THE HALF FOLD, THEN PLACE BACK ON WITH HIGHER TENSION.