**DAY- 3/4 RE-WRAP PROTOCOL SUMMARY: FOLLOW THE STEPS BELOW**

* **NOTE:** THE RE-WRAP WILL TAKE PLACE ON THE ***EVENING OF DAY-3*** OR THE ***EARLY MORNING OF DAY-4***. THIS RE-WRAP WILL BE THE VERY SAME WRAP RECEIVED ON YOUR **TREATMENT DAY.**
* **STEP 1** – **REMOVE YOUR WRAP (EXCEPT GLUED DOWN SPOT BAND-AID)** DURING YOUR 5-10 MINUTE HOT SHOWER (EASIER TO REMOVE WHEN WET), THEN PAT DRY, THEN TAKE PHOTOS.
* **STEP 2** – **INSPECT THE SPOT BAND-AID AREA** TO MAKE SURE ALL IS SECURE. IF LEAKING IS VISIBLE REPLACE BANDAID AND RE-GLUE.
* **STEP 3** - **PLACE** **2** **TOE PADS** ON THE UNDERSIDE OF THE SHAFT, JUST UNDER THE GLANS
* **STEP 4** - THEN PLACE YOUR **LARGE BAND-AIDS** ON AT THE VERY BASE OF THE PENILE SHAFT (USE TAPE TO SECURE IF NEEDED).
* **STEP 5** – **PLACE** **MODERATE** AMOUNTS OF **TRIAMCINOLONE 0.25% OINTMENT** SPREADING OUT EVENLY THROUGHOUT ON THE ENTIRE PENILE SHAFT, GLANS, PUBIC, AND SCROTAL AREAS (ESPECIALLY WHERE THE LOOPED RUBBER BAND AND THE PLASTIC RING *PLACES PRESSURE* ON THE PUBIC AND SCROTAL AREAS).
* **STEP 6 – PLACE** **BROWN STRETCH GAUZE** WRAP ON ENTIRE SHAFT WITH **MILD TENSION,** STARTING FROM THE BASE AND BY OVERLAPPING 50%, (OR 75% IF LONGER THAN 6 INCHES ERECT) UNTIL YOU REACH THE GLANS (HEAD OF PENIS), COVERING THE TOE PAD BUT NOT ABOVE, LEAVING A VISIBLE EDGE OF THE TOE PAD.PLACE PAPER TAPE TO SECURE.
* **STEP 7** **– PLACE** **8-10 TURNS OF BLUE PRE-WRAP** WITH **VERY** **MILD TENSION** *AS LOW AS POSSIBLE* ON THE PENILE SHAFT (***ON TOP OF LONG BAND-AID***), JUST BELOW THE EDGE OF THE BROWN STRETCH GAUZE. PLACE PAPER TAPE TO SECURE. THIS PROVIDES SKIN **CUSHION** FOR WHEN THE TIGHT HALF FOLD AND LOOPED RUBBER BAND ARE PLACED AFTERWARDS.
* **STEP 8 – PLACE** **BROWN STRETCH GAUZE** WRAP DIRECTLY ON THE BLUE PRE-WRAP, AND WORK UP THE SHAFT TO ½ THE WAY, NO MORE, AND WITH **MILD TENSION** ONLY.LEAVE A SMALL VISIBLE EDGE OF THE BLUE PRE-WRAP.
* **STEP 9 - PLACE** THE **TIGHT HALF FOLD** ON AS LOW AS POSSIBLE ON THE PENILE SHAFT BASE AREA AND WITH **TWO FULL TURNS** AROUND THE PENILE SHAFT (***DIRECTLY ON TOP OF THE BLUE PRE-WRAP & LARGE BAND-AID),*** AND WITH **MODERATE (NOT HIGH) TENSION**, AND LEAVE A VISIBLE BLUE PRE-WRAP EDGE THEN PLACE PAPER TAPE TO SECURE.
* **STEP 10** – PLACE **LOOPED RUBBER BAND** DIRECTLY *ON THE TIGHT HALF FOLD* LOCATED AT THE PENILE BASE AREA. THIS IS YOUR PRIMARY PENILE SHAFT BARRIER. **NOTE:** ALTERNATE RUBBER BAND PLACEMENT FROM CENTER, TO TOP LIP, THEN BOTTOM LIP AS INSTRUCTED….DO THIS EACH TIME YOU TAKE A BARRIER BREAK.
* **STEP 11** - PLACE **HALF FOLD** ON THE UPPER SHAFT AREA JUST UNDER THE GLANS: THERE ARE TWO WAYS TO DO THIS:
* **THE ‘SWOOP’ HALF FOLD** IS THE METHOD OF CHOICE IMMEDIATELY AFTER YOUR TREATMENT. THIS IS DONE BY PLACING THE HALF FOLD DIRECTLY ON THE FRONT OR TOP SIDE OF THE GLANS, AND THEN SWOOP DOWN ON THE UNDERSIDE OF THE GLANS. CONTINUE THIS, BUT ON EACH TURN THE HALF FOLD SHOULD REMAIN ON THE FRONT OR TOP SIDE OF THE GLANS, AND ON THE UNDERSIDE THE HALF FOLD SHOULD BE PLACED IN A MORE BROAD WIDE FASHION. PLACE ON WITH MILD TENSION.
* **THE SECOND METHOD:** PLACE THE HALF FOLD DIRECTLY UNDER THE GLANS, LEAVING NO VISIBLE SHAFT SKIN. GO AROUND TWO TIMES AND WITH MILD TENSION. *IF YOU ARE* ***UNCIRCUMCISED***, OR YOU ARE DEVELOPING A **SHAFT SKIN BULGE THAT IS HANGING OVER THE GLANS**, THEN YOU NEED TO PLACE THE HALF FOLD ON IN THIS FASHION, BUT WITH MODERATE (NOT MILD) TENSION.
* **STEP 12** – PREPARE FOR PLASTIC RING PLACEMENT:
* **FIRST:** FIRST PLACE SOME **CUT OUT GAUZE** AND THEN THE **‘COMFORT’ PAD** DOWN THE PENILE SHAFT TO THE PUBIC AND SCROTAL AREAS. THIS WILL BE YOUR PADDING, FOR COMFORT PURPOSES, UNDER THE PLASTIC RING.
* **SECOND:** MAKE SURE THE PLASTIC RING DIAMETER (INNER HOLE) IS THE CORRECT SIZE. FOR EXAMPLE, THE INNER RING SHOULD BE LIGHTLY TOUCHING THE PENILE SHAFT. IF IT LOOKS TO LOOSE, PLACE SOME BROWN STRETCH GAUZE TO DECREASE THE HOLE SIZE.
* **THIRD:** THEN, AFTER THIS INNER HOLE ADJUSTMENT HAS BEEN MADE, PLACE PETROLATUM JELLY OVER THE BROWN STRETCH GAUZE….THIS WILL HELP THE RING ‘SLIDE OVER’ THE SHAFT IF THE RING SHIFTS FORWARD FROM BENDING DOWN OR SQUATTING DOWN (TRY TO MINIMIZE ALL SQUATTING OR BENDING MOTIONS).
* **STEP 13** – PLACE PLASTIC RING & STRAPS ON WITH **LOW TENSION**. THIS IS YOUR SECONDARY PENILE SHAFT BARRIER.
* **STEP 14-** PLACE YOUR SCROTAL RING ON**- *THIS IS ONLY PLACED ON IF YOU HAD A SCROTAL TREATMENT.***
* **STEP 14 –** INSPECT ALL TO MAKE SURE ALL IN ON PROPERLY, THEN SEND PHOTOS FOR EVALUATION

**DAY- 7/8 RE-WRAP PROTOCOL SUMMARY: FOLLOW THE STEPS BELOW**

* **NOTE:** THE RE-WRAP WILL TAKE PLACE ON THE *EVENING OF DAY-7* OR THE *EARLY MORNING OF DAY-8*.
* **STEP 1** – REMOVE YOUR WRAP (EXCEPT GLUED DOWN SPOT BAND-AID) DURING YOUR 5-10 MINUTE HOT SHOWER (EASIER TO REMOVE WHEN WET), THEN PAT DRY, THEN TAKE PHOTOS.
* **STEP 2** – INSPECT THE SPOT BAND-AID AREA: THERE IS NO NEED TO RE-SEAL THIS HOLE AREA. IF THIS IS STILL LEAKING TAKE PHOTOS OF IT AND SENT TO THE GROUP MESSAGING FOR EVALUATION.
* **STEP 3** - PLACE 1 (*OR 2 IF NEEDED*) TOE PADS ON THE UNDERSIDE OF THE SHAFT, JUST UNDER THE GLAN
* **STEP 4** - THEN PLACE YOUR LARGE BAND-AIDS ON AT THE VERY BASE OF THE PENILE SHAFT (USE TAPE TO SECURE IF NEEDED)
* **STEP 5** – PLACE MODERATE AMOUNTS OF TRIAMCINOLONE 0.25% OINTMENT SPREADING OUT EVENLY THROUGHOUT ON THE ENTIRE PENILE SHAFT, GLANS, PUBIC, AND SCROTAL AREAS (ESPECIALLY WHERE THE LOOPED RUBBER BAND AND THE PLASTIC RING *PLACES PRESSURE* ON THE PUBIC AND SCROTAL AREAS).
* **STEP 6** – PLACE BROWN STRETCH GAUZE WRAP ON ENTIRE SHAFT WITH MILD TENSION, STARTING FROM THE BASE AND BY OVERLAPPING 50%, (OR 75% IF LONGER THAN 6 INCHES ERECT) UNTIL YOU REACH THE GLANS (HEAD OF PENIS), COVERING THE TOE PAD BUT NOT ABOVE, LEAVING A VISIBLE EDGE OF THE TOE PAD. PLACE PAPER TAPE TO SECURE
* **STEP 7** - PLACE **HALF FOLD** ON THE UPPER SHAFT AREA JUST UNDER THE GLANS: THERE ARE TWO WAYS TO DO THIS:
* **THE ‘SWOOP’ HALF FOLD** IS THE METHOD OF CHOICE IMMEDIATELY AFTER YOUR TREATMENT. THIS IS DONE BY PLACING THE HALF FOLD DIRECTLY ON THE FRONT OR TOP SIDE OF THE GLANS, AND THEN SWOOP DOWN ON THE UNDERSIDE OF THE GLANS. CONTINUE THIS, BUT ON EACH TURN THE HALF FOLD SHOULD REMAIN ON THE FRONT OR TOP SIDE OF THE GLANS, AND ON THE UNDERSIDE THE HALF FOLD SHOULD BE PLACED IN A MORE BROAD WIDE FASHION. PLACE ON WITH MILD TENSION.
* **THE SECOND METHOD:** PLACE THE HALF FOLD DIRECTLY UNDER THE GLANS, LEAVING NO VISIBLE SHAFT SKIN. GO AROUND TWO TIMES AND WITH MILD TENSION. *IF YOU ARE* ***UNCIRCUMCISED***, OR YOU ARE DEVELOPING A **SHAFT SKIN BULGE THAT IS HANGING OVER THE GLANS**, THEN YOU NEED TO PLACE THE HALF FOLD ON IN THIS FASHION, BUT WITH MODERATE (NOT MILD) TENSION.
* **STEP 8** – PREPARE FOR PLASTIC RING PLACEMENT:
* **FIRST:** FIRST PLACE SOME **CUT OUT GAUZE** AND THEN THE **‘COMFORT’ PAD** DOWN THE PENILE SHAFT TO THE PUBIC AND SCROTAL AREAS. THIS WILL BE YOUR PADDING, FOR COMFORT PURPOSES, UNDER THE PLASTIC RING.
* **SECOND:** MAKE SURE THE PLASTIC RING DIAMETER (INNER HOLE) IS THE CORRECT SIZE. FOR EXAMPLE, THE INNER RING SHOULD BE LIGHTLY TOUCHING THE PENILE SHAFT. IF IT LOOKS TO LOOSE, PLACE SOME BROWN STRETCH GAUZE TO DECREASE THE HOLE SIZE.
* **THIRD:** THEN, AFTER THIS INNER HOLE ADJUSTMENT HAS BEEN MADE, PLACE PETROLATUM JELLY OVER THE BROWN STRETCH GAUZE….THIS WILL HELP THE RING ‘SLIDE OVER’ THE SHAFT IF THE RING SHIFTS FORWARD FROM BENDING DOWN OR SQUATTING DOWN (TRY TO MINIMIZE ALL SQUATTING OR BENDING MOTIONS).\
* **STEP 9** – PLACE PLASTIC RING & STRAPS ON WITH **HIGH TENSION**. THIS IS NOW THE PRIMARY PENILE SHAFT BARRIER.
* **STEP 10** - PLACE YOUR SCROTAL RING ON- *THIS IS ONLY PLACED ON IF YOU HAD A SCROTAL TREATMENT.*
* **STEP 11** – INSPECT ALL TO MAKE SURE ALL IS ON PROPERLY, THEN SEND PHOTOS FOR EVALUATION

**DAY-8 TO 21 RE-WRAP PROTOCOL SUMMARY: FOLLOW THE STEPS BELOW**

* **FOLLOW THE DAY-7/8 REWRAP PROTOCOL WHEN RE-WRAPPING TILL DAY-21.**
* **RE-WRAPS WILL BE DONE EVERY 2-3 DAYS**. IF THERE ARE MAJOR SKIN SORES OR SKIN ULCERS, YOU WILL NEED TO ***CHANGE YOUR WRAP DAILY*** SO THE SKIN SORE OR ULCER CAN BE WASHED WITH SOAP & WATER, THEN PAT DRY, TAKE PHOTOS, THEN PLACE BACITRACIN OINTMENT ON, THEN A BANDAID. THIS IS IMPORTANT, SKIN SORES AND ULCERS HEAL MUCH BETTER IN A CLEAN ENVIRONMENT.
* **ALTERNATE TO PLASTIC RING: *IF NECESSARY*** – IF PLASTIC RING BECOMES TOO UNCOMFORTABLE, THEN REMOVE THE PLASTIC RING AND PLACE THE **SCROTAL RING** OVER THE PENILE SHAFT AND UNDERNEATH THE SCROTUM. THE SHAFT AND THE SCROTUM SHOULD BE HANGING OUT OVER THE SCROTAL RING. THE SCROTAL RING SHOULD EXERT MODERATE TENSION AT ALL TIMES. PLEASE NOTE THAT A VARIETY OF SCROTAL RING TYPES MAY BE INCLUDED, SO USE WHAT IS MOST COMFORTABLE OR ALTERNATE AS NEEDED. NOTE: PLACE TRIAMCINOLONE OINTMENT UNDER THE SCROTAL RING TO HELP KEEP THE SKIN FROM GETTING IRRITATED. IN ADDITION, ADD COTTON BALLS UNDER THE FRONT AREA OF THE SCROTAL RING…THIS WILL PROVIDE COMFORT AND HELP PREVENT SKIN SORES/ULCERS.

**DAY-22 TO 90 WRAP PROTOCOL: RETAINER WRAP**

* + THIS IS A SIMPLE LOW TENSION BROWN STRETCH GAUZE WRAP OF THE PENILE SHAFT TO BE WORN 12-18 HOURS A DAY
	+ IF THE BROWN STRETCH GAUZE IRRITATES THE SKIN, PLACE EITHER A SMALL AMOUNT OF BACITRACIN OINTMENT, OR PLACE WHITE GAUZE OR BLUE PRE-WRAP ON FIRST FOR COMFORT.
	+ THE PURPOSE OF THIS WRAP IS TO PREVENT COLLAGEN SHIFTING OVER THE NEXT 60 DAYS, AND MAINTAIN BALANCE & FORM

**RE-WRAP PROTOCOL: DETAILED DESCRIPTION**

* **NOTE:** THE RE-WRAP WILL TAKE PLACE ON THE ***EVENING OF DAY-3*** OR THE ***EARLY MORNING OF DAY-4***. THIS RE-WRAP WILL BE THE VERY SAME WRAP RECEIVED ON YOUR **TREATMENT DAY.**
* **REMOVING YOUR WRAP, OR RE-WRAPPING:**
* **THE PRIMARY PURPOSE** OF RE-WRAPPING IS TO ALLOW THE SKIN TO BE CLEANED, WITH SHOWERING AND USING SOAP & WATER, PREVENTING BACTRIA BUILD UP WHICH WOULD INCREASE THE RISK OF SKIN INFECTIONS.
* YOUR FIRST RE-WRAP WILL OCCUR ON THE EVENING OF DAY-3 OR THE MORNING OF DAY-4, THE SECOND RE-WRAP ON THE EVENING OF DAY-7 OR MORNING OF DAY-8, AND THEN ALL OTHER RE-WRAPS EVERY 2-3 DAYS UNTIL DAY-21.
* YOUR FIRST RE-WRAP WILL OCCUR ON THE EVENING OF DAY-3 OR THE MORNING OF DAY-4: THIS MEANS THAT THE WRAP YOU RECEIVED FROM THE TREATMENT DAY IS STILL ON AND NEEDS TO COME OFF.
* SOMETIMES IT IS EASIER TO TAKE OFF YOUR WRAP IN A HOT SHOWER. REMEMBER YOU HAVE ABOUT 15-MINUTES TO TAKE THE SHOWER, REMOVE THE WRAP, AND PLACE THE NEW ONE BACK ON. IT WILL PROBABLY TAKE LONGER THE FIRST TIME, BUT DO THIS AS QUICKLY AS POSSIBLE.
* PLEASE TAKE PHOTOS OF THE PENILE AREA WITHOUT THE WRAP ON. DR LORIA WANTS TO SEE WHAT YOU SEE. THEN MOVE FORWARD...
* **IF IT IS YOUR DAY-3 RE-WRAP**, WHEN REMOVING YOUR WRAP, **DO NOT TAKE OFF THE GLUED DOWN BANDAID**. LEAVE THIS ON AND ALLOW THIS TO FALL OFF ON ITS OWN. IF IT FALLS OFF THEN YOU WILL REPLACE IT WITH A NEW ONE…YOU WILL GLUE DOWN ONE OF THIS SMALL CIRCULAR ROUND BAND-AIDS. BY DAY-7/8 REWRAP, IF THIS GLUED DOWN BAND-AID FALLS OFF, LEAVE IT OFF.
* ALSO, IF THE TOE PADS ARE ‘STUCK ON’ YOU CAN LEAVE THEM ON AS WELL UNTIL THE DAY-7 REWRAP.
* AFTER YOU HAVE PLACED THE NEW WRAP ON, PLEASE TAKE PHOTOS FOR EVALUATION.
* **WHEN**  **INSPECTING THE SPOT BAND-AID AREA**
* **THE PRIMARY PURPOSE** OF HAVING A GLUED DOWN BAND-AID ON THE NEEDLE HOLE OR PORT WHERE THE FILLER WAS PLACED FOR 7 DAYS (THIS PORT BEING LOCATED ON THE RIGHT LATERAL SIDE OF THE PENIS AND AT THE MID-SHAFT LEVEL) IS TO **PREVENT LOSS OF FILLER MATERIAL FROM LEAKING OUT OF THAT HOLE.**
* AS MENTIONED ABOVE, THERE IS NO NEED TO PLACE ANOTHER GLUED DOWN BAND-AID IF IT IS STILL ON BY DAY-3 DURING YOUR REWRAP TIME.
* HOWEVER, IF IT IS OFF, GLUE DOWN ANOTHER ONE. IF YOU ARE FINDING IT DIFFICULT TO SEAL THE HOLE, TEMPORARILY REMOVE THE LOOPED RUBBER BAND BARRIER, THEN PLACE THE GLUED BAND-AID ON, THEN PLACE THE LOOPED RUBBER BAND BACK ON.
* **IF THERE IS DRAINAGE** FROM THE DAY-3 TIME FRAME, PLACE ANOTHER GLUED DOWN BAND-AID, BUT IF THERE IS DRAINAGE FROM THE DAY-7 WRAP TIME FRAME OR AFTERWARDS, DO NOT RESEAL THIS HOLE, AND SEND PHOTOS OF THIS DRAINAGE TO DR LORIA FOR EVALUATION.
* **TOE PADS PLACEMENT** ON THE UNDERSIDE OF THE SHAFT, JUST UNDER THE GLANS
* **THE PRIMARY PURPOSE** OF PLACING TOE PADS IN THIS LOCATION IS TO HELP PREVENT SKIN BULGING AND IMBALANCE IN THIS HIGH RISK AREA.
* THESE TOE PADS HELP PLACE ADDITIONAL PRESSURE ON THE UNDERSIDE AREA OF THE PENILE SHAFT THAT IS JUST UNDER THE GLANS. WHY IS THIS SO IMPORTANT? BECAUSE THIS IS AN AREA THAT IS AT HIGH RISK TO ‘BALLOON OUT’ AND FORM AN IMBALANCE IN THIS AREA. THE SKIN IN THIS AREA IS MUCH THINNER THAN THE REST OF THE PENILE SHAFT, AND IT HAS A GREATER ‘STRETCH’ FACTOR….SO IT CAN ACCUMULATE MORE OF THE FILLER AND RESULT IN A BULGE IF ‘COUNTER PRESSURE’ IS NOT PLACED ON IT.
* IT IS THE COUNTER PRESSURE FROM THE TOE PADS, AND THE SWOOPED DOWN HALF FOLD, AND, MOST IMPORTANTLY, YOUR DIRECT FINGER PRESSURE SHAPING EXERCISE THAT WILL HELP AS WELL.
* WHEN PLACING ON THE TOE PADS, THE ‘FINGER’ PORTION OF THE TOE PADS ARE ALWAYS PLACED DOWNWARD (POINTING TOWARDS THE PUBIC/SCROTAL AREA).
* THE ‘NON-FINGER’ PORTION OF THE TOE PAD WILL BE PLACED DIRECTLY ON THE UNDERSIDE OF THE SHAFT, WITH A SMALL PORTION OF THE TOE PAD ON THE LOWER EDGE OF THE GLANS ITSELF. IF A SECOND TOE PAD IS NEEDED, PLACE THIS ONE ON TOP OF THE FIRST.
* ALL OF THESE FACTORS WILL HELP PREVENT THE BULGE IN THIS AREA.
* **LARGE BAND-AID PLACEMENT ON AT THE VERY BASE OF THE PENILE SHAFT**
* **THE PRIMARY PURPOSE** OF PLACING TWO LARGE BAND-AIDS, ONE ON THE FRONT SIDE AND THE OTHER ON THE UNDERSIDE OF THE BASE OF THE PENILE SHAFT, IS TO PREVENT SKIN SORES AND ULCERS IN THIS AREA.
* THE MOST SENSITIVE SKIN AREA THAT IS MOST PRONE TO SKIN ULCERATION IS THE UNDERSIDE OF THE BASE OF THE PENILE SHAFT WHERE THE SHAFT MEETS THE SCROTUM.
* THE BAND-AIDS ALSO HELP PREVENT THE BROWN STRETCH GAUZE FROM RUBBING IN THE SKIN CAUSING IRRITATION AND ULTIMATELY A SKIN SORE OR ULCER.
* **TRIAMCINOLONE 0.25% OINTMENT PLACEMENT:**
* **THE PRIMARY PURPOSE** OF TRIAMCINOLONE OINTMENT IS TO PREVENT SKIN SORES, SKIN ULCERS, AND SKIN ITCHING.
* TRIAMCINOLONE OINTMENT (OR “TRI” OINTMENT) IS PLACED ON THE GLANS EVERY EVENING. THIS TRI OINTMENT AND BACITRACIN ARE PLACED ON THE GLANS JUST PRIOR TO THE NITROBID OINTMENT. THE REASON YOU FIRST PLACE THE TRI AND BACITRACIN OINTMENTS FIRST IS BECAUSE THERE IS SUCH A SMALL AMOUNT OF NITROBID THAT IS PLACED ON THAT IT SI DIFFICULT TO SPREAD AROUND…SO HAVE THE OTHER OINTMENTS THERE WILL HELP WITH THIS.
* TRI OINTMENT IS ALSO USED ON ***ALL OF THE PENILE SHAFT, PUBIC AND SCROTAL AREAS.*** WHENEVER THERE IS AN OPPORTUNITY TO PLACE TRI OINTMENT ON, ESPECIALLY DURING THE **RE-WRAP TIMES**, PLACE A THIN COAT OF TRI OINTMENT ON ALL VISIBLE SKIN (PLEASE NOTE THAT YOU ARE TO PLACE TRI OINTMENT AFTER THE TOE PADS AND PENILE BASE LARGE BAND-AIDS ARE PLACED ON OTHERWISE THEY WILL SLIP OFF). SPREAD OUT THE TRI OINTMENT EVENLY THROUGHOUT ON THE ENTIRE PENILE SHAFT, GLANS, PUBIC, AND SCROTAL AREAS (ESPECIALLY WHERE THE LOOPED RUBBER BAND AND THE PLASTIC RING *PLACES PRESSURE* ON THE PUBIC AND SCROTAL AREAS).
* IF YOU HAD A SCROTAL TREATMENT, YOU CAN NOT ONLY PLACE THE TRI OINTMENT ON THE AREA WHERE THE BARRIERS AREA PLACING PRESSURE (SUCH AS THE PLASTIC RING AND SCROTAL RING), BUT ON THE ENTIRE SCROTAL SKIN.
* THIS MEDICATION IS VERY HELPFUL IN PREVENTING SKIN IRRITATION, SKIN ITCHINESS, AND SKIN SORES & ULCERS.
* IF YOU RUN OUT OF THIS MEDICATION AND DO NOT HAVE TIME TO GET A REFILL, USE THE SUBSTITUTE **CORTISONE-10 OINTMENT** YOU PURCHASE FROM THE PHARMACY ON YOUR TREATMENT DAY.
* **BROWN STRETCH GAUZE PLACEMENT:**
* **THE PRIMARY PURPOSE** OF THE BROWN STRETCH GAUZE IS TO HELP SHAPE THE PENILE SHAFT.
* BROWN STRETCH GAUZE IS ALWAYS PLACED ON THE PENILE SHAFT WITH **MILD TENSION, UNLESS INSTRUCTED OTHERWISE BY DR LORIA. IF YOU PLACE THE GAUZE ON WITH HIGH TENSION YOU WILL LOSE FILLER MATERIAL BECAUSE THE HIGH TENSION OVER TIME, 24 HOURS 7 DAYS A WEEK, WILL ‘PUSH’ THE FILLER OUT AND INTO THE PUBIC AND SCROTAL AREAS.**
* THE PRIMARY PURPOSE OF THIS BROWN STRETCH GAUZE IS FOR **SHAPING** THE PENILE SHAFT INTO A NORMAL CYLINDRICAL SHAPE, WHICH THE PENILE SHAFT IS NATURALLY.
* THE BROWN STRETCH GAUZE ALSO HELP PREVENT EXCESSIVE SWELLING.
* THIS GAUZE WILL ‘STRETCH’ WHICH WILL HELP WHEN YOU GET AN ERECTION (MAINLY AT NIGHTTIME DURING SLEEP). SO, DURING THE ERECTION BLOOD WILL FLOW IN AND ENLARGE THE PENILE SHAFT, BUT THE GAUZE WILL STRETCH WITH THIS ENLARGEMENT, AND EVENTUALLY CONTRACT BACK INTO FORM AFTER THE ERECTION IS OVER.
* IF YOU ARE GETTING AN ABNORMAL AMOUNT OF ERECTIONS, THIS COULD BE DUE TO THE NITROBID. NITROBID HAS A SMALL CAPACITY TO INCREASE BLOOD FLOW INTO THE PENIS AND CAUSE AN ERECTION. IF THIS IS THE CASE, PLACE LESS OF THIS MEDICATION ON THE GLANS AT BEDTIME.
* WHEN WRAPPING WITH THE BROWN STRETCH GAUZE, YOU ALWAYS START FROM THE LOWEST PORTION OF THE PENILE BASE AREA. IF YOU ARE 6 INCHES IN ERECT LENGTH OR LONGER, YOU MUST **OVERLAP MUCH MORE….LIKE 80-90% (**NORMAL OVERLAP IS 50-75%).THIS IS VERY IMPORTANT. KEEP IN MIND THAT THE GAUZE IS STILL PLACED ON WITH MILD TENSION, BUT GREATER AMOUNT OF OVERLAPPING WILL PREVENT THE PENILE SHAFT FROM BENDING OR CURVING DURING THE FIRST WEEK AFTER TREATMENT DUE TO THE NORMAL SWELLING PROCESS. IF THE PENILE SHAFT BENDS, KINKS, OR A CONCAVITY FORMS THIS IS A TEMPORARY NORMAL ISSUE DURING THE FIRST 7 DAYS. HOWEVER, WHEN THE SWELLING DECREASES, TYPICALLY BY DAY 7, THE SHAFT SHOULD ALL STRAIGHTEN OUT. IF IT DOES NOT STRAIGHTEN OUT THAN MORE VIGOROUS SHAPING EFFORTS WILL BE NEEDED BECAUSE IF THIS IS NOT ADDRESSED IT MAY RESULT IN THE PENILE SHAFT SHAPING THIS WAY AS WELL.
* NOTE THAT THE SEQUENCE OF BROWN STRETCH GAUZE PLACEMENT IS: FIRST BROWN STRETCH GAUZE, THEN BLUE PRE-WRAP, THEN A SECOND ROUND OF BROWN STRETCH GAUZE AGAIN. THIS SECOND ROUND PLACEMENT OF GAUZE IS IMPORTANT. THIS SECOND ROUND OF BROWN STRETCH GAUZE IS TO ‘UNITE’ THE TWO PARTS TOGETHER…THE BLUE PRE-WRAP WITH THE FIRST ROUND OF BROWN STRETCH GAUZE. IF THIS IS NOT DONE THERE IS A HIGH RISK THAT THE NORMAL SWELLING OF THE PENILE SHAFT, WHICH WILL OCCUR OVER THE FIRST 7 DAYS, WILL FIND THIS JOINT AREA ‘OPENING’ BETWEEN THE BLUE PRE-WRAP AND THE FIRST ROUND OF BROWN STRETCH GAUZE…AND EXCESSIVE SWELLING MIGHT OCCUR THERE CAUSING A TREMENDOUS BULGING. IF THIS SEVERE BULGING WERE TO OCCUR, THE SECOND ROUND OF BROWN STRETCH GAUZE WILL NEED TO BE PLACED ON WITH HIGH TENSION FOR 5-MINUTES AT FIRST, THEN REMOVED AND PLACED ON WITH HIGH TENSION AGAIN FOR 5-MINUTES…AND THIS IS REPEATED UNTIL THE BULGE HAS FLATTENED OUT…THEN YOU WILL PLACE THE SECOND ROUND OF BROWN STRETCH GAUZE WITH MILD TENSION ONLY.
* NOTE THAT THE SECOND ROUND OF BROWN STRETCH GAUZE PLACEMENT STARTS AT THE BASE OF THE PENILE SHAFT (DIRECTLY ON THE BLUE PRE-WRAP) AND ONLY CONTINUES UP TO THE MID-SHAFT LEVEL.
* YOU ALWAYS WRAP FROM THE BASE OF THE PENILE SHAFT TO JUST UNDER THE GLANS, COVERING THE TOE PADS.
* **BLUE PRE-WRAP PLACEMENT:**
* **THE PRIMARY PURPOSE** OF THE PLACEMENT OF THE BLUE PRE-WRAP ON THE PENILE SHAFT BASE AREA IS TO CUSHION THE SKIN FROM THE LOOPED RUBBER BAND PRESSURE. THIS DOES NOT NEED TO BE USED AFTER THE LOOPED RUBBER BAND AND TIGHT HALF FOLD ARE NO LONGER USED AFTER DAY 7.
* IN ADDITION THIS BLUE PRE-WRAP WILL HELP PREVENT THE BROWN GAUZE FROM IRRITATING THE SKIN AT THE PENILE BASE AREA.
* **TIGHT HALF FOLD PLACEMENT**
* **THE PRIMARY PURPOSE** OF THE **TIGHT HALF FOLD** IS TO NOT ONLY BE PART OF THE PRIMARY BARRIER OF THE PENILE SHAFT AND PREVENTING FILLER LOSS FOR THE FIRST 7 DAYS, BUT ALSO TO HELP DISTRIBUTE THE TENSION FORCES OF THE LOOPED RUBBER BAND SO THE SKIN UNDERNEATH DOES NOT FORM A SKIN SORE OR ULCERATION. IF THE TIGHT HALF FOLD WAS NOT PRESENT, THE LOOPED RUBBER BAND FORCE WOULD PLACE TOO MUCH HIGH AND DIRECT PRESSURE ON THE SKIN BELOW RESULTING IN A SKIN ULCER.
* THE TIGHT HALF FOLD IS PLACED AS LOW AS POSSIBLE ON THE PENILE SHAFT BASE AREA. IT NEEDS TO BE PLACED ON WITH **TWO FULL TURNS** AROUND THE PENILE SHAFT (***DIRECTLY ON TOP OF THE BLUE PRE-WRAP & LARGE BAND-AID),*** AND WITH **MODERATE (NOT HIGH) TENSION**.
* REMEMBER TO LEAVE A VISIBLE BLUE PRE-WRAP EDGE.
* THEN PLACE PAPER TAPE TO SECURE.
* **LOOPED RUBBER BAND PLACEMENT:**
* **THE PRIMARY PURPOSE** OF THE LOOPED RUBBER BAND IS TO BE THE PRIMARY BARRIER OF THE PENILE SHAFT AND PREVENTING FILLER LOSS FOR THE FIRST 7 DAYS.
* THE LOOPED RUBBER BAND IS PLACED DIRECTLY *ON THE TIGHT HALF FOLD* LOCATED AT THE PENILE BASE AREA.
* DURING EACH BARRIER BRAKE, IN THIS CASE WITH THE LOOPED RUBBER BAND, REMOVE THE RUBBER BAND, BUT WHEN YOU PLACE THIS BACK ON, PLACE IT IN A ***SLIGHTLY DIFFERENT AREA*** ON THE TIGHT HALF FOLD. BY DOING THIS, THE DIRECT PRESSURE PLACED ON THE SKIN UNDERNEATH WILL NOT ALWAYS BE IN THE EXACT SAME PLACE AND THIS WILL HELP PREVENT SKIN IRRITATION AND SORES.
* WHY IS THE RUBBER BAND LOOPED? THE RUBBER BAND IS LOOPED FOR TWO MAIN REASONS:
* **FIRST:** IF, DURING URINATION, THE STREAM IS VERY SLOW, YOU CAN PULL ON THE LOOP AND RELEASE SOME TENSION ON THE UNDERSIDE OF THE PENILE SHAFT (WHERE THE URETHRA OR THE TUBE WHERE THE URINE FLOWS), AND THIS WILL HELP WITH URINE FLOW.
* **SECONDLY:** TO HELP LIFT OFF DURING THE BARRIER BREAK TIMES…EASIER TO GRIP AND LIFT FROM THE LOOP.
* KEEP IN MIND THAT THE URINE WILL STILL SPRAY OUT DUE TO THE PRESSURE PLACED ON THE URETHRA FROM THE LOOPED RUBBER BAND AND TIGHT HALF FOLD CAUSING A TURBULENT FLOW AND THUS THE SPRAYING. THAT IS WHY YOU NEED TO URINATE INTO A CUP, PLASTIC BAGGIE, OR SIT DOWN ON THE TOILET DURING URINATION
* **HALF FOLD PLACEMENT ON THE UPPER SHAFT AREA JUST UNDER THE GLANS:**
* **THE PRIMARY PURPOSE** OF PLACING A HALF FOLD JUST UNDER THE GLANS IS TO HELP SHAPE A HIGH RISK AREA THAT TYPICALLY WILL BULGE IF IT IS NOT SUPPORTED BY ADDITIONAL PRESSURE.
* **THERE ARE TWO WAYS TO DO THIS:**
* **THE PREFERRED WAY IS THE ‘SWOOP’ METHOD** WHICH IS THE METHOD OF CHOICE.
* THIS IS DONE BY PLACING THE HALF FOLD DIRECTLY ON THE FRONT OR TOP SIDE OF THE GLANS (NOT THE PENILE SHAFT), AND THEN SWOOP DOWN VERY LOW AND AROUND THE UPPER PENILE SHAFT ALWAYS UNDER THE GLANS, THEN CONTINUE AROUND AGAIN PLACING THE HALF FOLD DIRECTLY ON THE FRONT OR TOP SIDE OF THE GLANS, THEN SWOOP AROUND AGAIN BUT NOT AS LOW THIS TIME, AND WORK YOUR WAY AGAIN TO THE FRONT OR TOP SIDE ON THE GLANS. THIS SWOOPING WILL ALLOW MORE BROAD PRESSURE ‘COVERAGE’ IN THAT AREA WHICH IS NEEDED. NOTE THAT THE FRONT OR TOP SIDE, WHERE THE HALF FOLD IS DIRECTLY ON THE GLANS, THERE IS NO HALF FOLD PRESSURE EXERTED DIRECTLY ON THE FRONT PENILE SHAFT AREA (JUST UNDER THE GLANS) AND THIS IS IMPORTANT BECAUSE IF THE HALF FOLD IS PLACED ON THIS AREA IT WILL ‘PUSH’ FILLER INTO THE BACKSIDE OF THE PENILE SHAFT AND ‘ASSIST’ IN INCREASING THE BULGE IN THAT AREA…THE VERY AREA WE ARE TRYING TO PREVENT FILLER FROM ENTERING.
* **THE SECOND METHOD:** PLACE THE HALF FOLD DIRECTLY UNDER THE GLANS, LEAVING NO VISIBLE SHAFT SKIN. GO AROUND TWO TIMES AND WITH MILD TENSION. *IF YOU ARE* ***UNCIRCUMCISED***, OR YOU ARE DEVELOPING A **SHAFT SKIN BULGE IS HANGING OVER THE GLANS, WHICH WOULD BE OBSERVED DURING WRAP CHANGES,** THEN YOU NEED TO PLACE THE HALF FOLD ON IN THIS FASHION, BUT WITH MODERATE (NOT MILD) TENSION.
* **NOTE:** THE MODERATE TENSION OF THE HALF FOLD MAY ALSO OBSTRUCT URINE FLOW. IF IT DOES OBSTRUCT URINE FLOW THE HALF FOLD WILL NEED TO BE TEMPORARILY REMOVED TO ALLOW URINATION, THEN PLACED BACK ON AFTER URINATION.
* **PLASTIC RING PREPARATION & PLACEMENT:**
* **THE PRIMARY PURPOSE** OF THE **PLASTIC RING** IS THAT IT PROVIDES A BARRIER TO PREVENT FILLER LOSS. DURING THE FIRST 7 DAYS IT IS A SECONDARY BARRIER AND PLACED ONN WITH ONLY MILD TENSION. THE PRIMARY BARRIER DURING THE FIRST 7 DAYS IN THE LOOPED RUBBER BAND AND TIGHT HALF FOLD. HOWEVER, FROM DAY 8 TO DAY 21 THE PLASTIC RING BECOMES THE PRIMARY BARRIER, NOW BEING PLACED ON WITH MODERATE TO HIGH TENSION, AND THE PLASTIC RING WILL HAVE THE PRIMARY PURPOSE OF PREVENTING THE LOSS OF FILLER MATERIAL.
* **PREPARE FOR PLASTIC RING PLACEMENT:**
* **FIRST:** PREPARE SOME **CUSHION MATERIAL** FOR THE PUBIC AND SCROTAL SKIN AREAS SO THE CONSTANT FORCE OR PRESSURE FORM THE PLASTIC RING ON THESE AREAS WILL NOT IRRITATION OR CAUSE SKIN SORES OR ULCERS.
* **CUT A HOLE USING SCISSORS IN THE VERY CENTER OF THE WHITE SQUARE GAUZE PADS,** AND DO THE SAME FOR YOUR ‘COMFORT’ **PAD** (IF BEING USED IN ADDITION TO THE WHITE GAUZE).
* AFTER MAKING THE HOLE, SLIDE THE WHITE GAUZE DOWN THE PENILE SHAFT FIRST UNTIL IT TOUCHES THE PUBIC AND SCROTAL SKIN, THEN PLACE THE COMFORT PAD DOWN NEXT…PLACING THE ADHESIVE SIDE TOWARD THE PUBIC AND SCROTAL SKIN. THEN APPLY PRESSURE TO GET THE COMFORT PAD TO STICK ONTO THE PUBIC AND SCROTAL SKIN. THIS WILL BE YOUR PADDING, FOR COMFORT PURPOSES, UNDER THE PLASTIC RING.
* **SECOND:** PLACE ON YOUR UNDERWEAR AND PUSH THE PENIS THROUGH THE FRONT HOLE AREA. THE UNDERWEAR WILL HELP PREVENT THE STRAPS FROM IRRITATING THE SKIN.
* **THIRD:** MAKE SURE THE PLASTIC RING DIAMETER (INNER HOLE) IS THE CORRECT SIZE. FOR EXAMPLE, THE INNER RING SHOULD BE LIGHTLY TOUCHING THE PENILE SHAFT. IF THE HOLE LOOKS TOO BIG OR LOOSE, PLACE SOME BROWN STRETCH GAUZE DIRECTLY ON THE PLASTIC RING TO HELP REDUCE THE INNER RING SIZE. PLACE PETROLEUM JELLY ON THE INNER RING TO HELP THE PLASTIC RING SLIDE OVER THE MAIN PENILE SHAFT WRAP. WHEN BENDING DOWN THE PLASTIC RING WILL PUSH ON THE PENILE SHAFT WRAP AND WE DO NOT WANT THE PLASTIC RING TO PUSH THE WRAP OFF OF THE PENILE SHAFT…THAT IS WHY THE PETROLEUM JELLY WILL PREVENT THIS AND HELP THE PLASTIC RING SLIDE OVER THE WRAP. (PLEASE LIMIT ALL BENDING AND SQUATTING MOTIONS).
* **PLEASE KEEP IN MIND** THAT ON DAY 7 WHEN THE LOOPED RUBBER BAND AND TIGHT HALF FOLD **COME OFF**, THEN YOU ARE INSTRUCTED TO FINGER ROLL DOWN OR ‘PUSH’ FILLER DOWN INTO THE NARROW BASE AREA OF THE PENILE SHAFT…SO WHEN THIS HAPPENS YOU WILL NOW NEED TO ***WIDEN THE INTERNAL DIAMETER******OR HOLE*** OF THE PLASTIC RING (NOW *REMOVING* THE BROWN STRETCH GAUZE THAT WAS PLACED THERE) )TO ACCOMMODATE FOR THE NOW ENLARGING PENILE BASE AREA.
* **PLASTIC RING PLACEMENT:**
* NOW PLACE THE PLASTIC RING & STRAPS ON:
* **FIRST:** REMOVE ONE OF THE TWO PINS ON THE PLASTIC RING. THIS WILL ALLOW THE RING TO OPEN. AFTER OPENING PLACE THE PLASTIC RING ON THE VERY BASE OF THE PENILE SHAFT AREA. THEN PLACE THE PIN BACK IN.
* **SECOND:** PLACE YOUR STRAPS ON, FIRST THE WAIST STRAP, THEN THE INDIVIDUAL LEG STRAPS, THEN TIGHTEN UNTIL THE PLASTIC RING IS BALANCED AND ON WITH MODERATE TO HIGH TENSION. REMEMBER TO KEEP THE RING BALANCED…..NOT TILTING INTO THE PUBIC SKIN OR TILTING INTO THE SCROTAL SKIN….BALANCED WITH EQUAL FORCE ON BOTH THE PUBIC AND SCROTAL AREAS. YOU CAN ADJUST THE STRAPS, UPWARDS OR DOWNWARDS ON THE LEGS TO REACH A GOOD STABLE AND COMFORTABLE POSITION.
* **LASTLY:** CHECK TO SEE IF THE INNER DIAMETER OF THE PLASTIC RING IS LIGHTLY TOUCHING THE PENILE SHAFT. ALSO CHECK THE RING AND STRAPS IN THE SITTING AND WALKING POSITIONS TO MAKE SURE ALL IS STABLE.
* **SCROTAL RING PLACEMENT:**
* **THE PRIMARY REASON** FOR THE PLACEMENT OF THE SCROTAL RING IS TO PREVENT FILLER LOSS AFTER A SCROTAL ENLARGEMENT TREATMENT:
* **THE SECONDARY REASON** TO WEAR A SCROTAL RING IS TO USE IT AS A ***SUBSTITUTE OR ALTERNATIVE TO THE PLASTIC RING*** FROM DAY 8 TO DAY 21. THIS WILL BE SUBSTITUTED IF THE PLASTIC RING AND STRAPS ARE CAUSING *TOO MUCH DISCOMFORT*. KEEP IN MIND THAT THE PLASTIC RING IS A SUPERIOR BARRIER THAN THE SCROTAL RING, HOWEVER, ANY BARRIER IS BETTER THAN NO BARRIER AND THAT IS WHY THIS SECOND CHOICE SCROTAL RING BARRIER CAN BE USED.
* **SCROTAL RINGS ARE PROVIDED IN YOUR BLUE BAG.**
* YOU HAVE SEVERAL OPTIONS REGARDING WHICH SCROTAL RING TO SELECT FROM. THE PREFERRED SCROTAL RING IS THE SOFT CLEAR SILICONE RUBBER ONE. THE OTHER MAY BE NEEDED, ESPECIALLY WHEN THE PLASTIC RING IS WORN AT THE SAME TIME THE SCROTAL RING IS WORN (IN THE CASE WHERE THE PATIENT HAS A PENILE SHAFT FILLER AND SCROTAL TREATMENTS), AND THE LARGE RUBBER BANDS MAY COME IN HANDY HERE. WHILE THE PLASTIC RING IS ON, THE SCROTAL RING NEEDS TO BE PLACED ON TOP OF THE PLASTIC RING THEN GO UNDER THE SCROTAL AREA (PULLING THE SCROTUM AND TESTICLES THROUGH THE LARGE RUBBER BAND).

**MISCELLANEOUS**

**FURTHER CARE & INSTRUCTIONS**

* TAKE ALL OF YOUR MEDICATIONS AS PRESCRIBED AND **DO NOT REFILL YOUR MEDICATIONS UNLESS INSTRUCTED BY DR. LORIA**
* **APPLY MEDICATIONS TO THE GLANS**
* NITROBID CREAM AND TRIAMCINOLONE OINTMENT ARE TO BE PLACED ON THE GLANS EVERY EVENING.
* USE A Q-TIP TO PLACE THE MEDICATIONS…FIRST PLACING THE TRIAMCINOLONE AND BACITRACIN OINTMENTS, THEN THE NITROBID.
* **PLACE ON A VERY, VERY TINY PEA-SIZED AMOUNT OF NITROBID**
* PLEASE NOTE THAT NITROBID CAN LOWER YOU BLOOD PRESSURE AND MAY GIVE YOU HEADACHES, SWEATS, HEART PALPITATIONS, AND DIZZINESS. IF THIS OCCURS, STOP USE FOR 2-DAYS, THEN RESUME PLACING ON BUT EVERY OTHER DAY. IF YOU STILL HAVE SYMPTOMS, USE EVERY 3RD DAY….AND IF SYMPTOMS PERSIST THEN STOP USING.
* **NITROBID CANNOT BE TAKEN WITH PROSTATE OR ERECTILE DYSFUNCTION MEDICATIONS SUCH AS VIAGRA, CIALIS, LEVITRA, ETC. THIS WILL CAUSE YOUR BLOOD PRESSURE TO DROP TO VERY UNSAFE LEVELS.**
* **TISSUE OR PAPER TOWEL PLACEMENT OVER GLANS– *IF YOU HAD THE GLANS ENLARGEMENT TREATMENT***
* AFTER A GLANS TREATMENT THERE WILL BE SOME DRAINAGE OVER A 24-48 HOUR PERIOD.
* TO HELP PROVIDE MORE COMFORT AND COLLECT THIS DRAINAGE PLACE A LIBERAL AMOUNT OF WHITE GAUZE OR TISSUE OVER THE GLANS, AND APPLY SOME PAPER TAPE TO SECURE. YOU CAN ALSO SECURE THE WHITE GAUZE BY PLACING A SHORT STRIP OF THE BROWN STRETCH GAUZE AND GENTLY WRAPPING IT AROUND THE WHITE GAUZE.
* **TAKING PHOTOS:** TO BE DONE DAILY- THIS IS MANDATORY.
* TAKE PHOTOS WITH YOUR PHONE
* TAKE TOP AND UNDERSIDE VIEWS SO WE CAN SEE THE ENTIRE AREA. USE GOOD LIGHTING AND KEEP PHOTOS NON BLURRY.
* TAKE PHOTOS OF THE PENILE SKIN WHEN WRAP IS OFF (DURING A RE-WRAP), AND TAKE ADDITIONAL PHOTOS AFTER THE NEW WRAP IS COMPLETELY PLACED ON. THIS IS VERY IMPORTANT FOR EVALUATION.
* TAKE DAILY PHOTOS AND COMMENT HOW YOU ARE FEELING AS WELL. THIS IS MANDATORY
* **SHOWERING:**
* ON DAYS YOU ARE NOT RE-WRAPPING, USE A CONDOM, PLASTIC BAGGIE, OR SARAN WRAP, TO COVER AND PROTECT FROM THE WATER. PLACE AN ADDITIONAL LOOPED RUBBER BAND ON THE BASE OF THE CONDOM TO MAKE SURE WATER CANNOT ENTER AT THE BASE OF THE CONDOM AREA.
* IF THE WRAP GET WET YOU CAN SIMPLY USE A BLOW DRYER TO DRY.
* **SKIN SORES, ULCERS, AND BROKEN BLISTER CARE:**
* IF A SKIN SORE/ULCER DEVELOPS, THERE WILL BE ADDITIONAL STEPS IN THE PROTOCOL. FOR EXAMPLE, IF A SKIN SORE WERE TO DEVELOP (TYPICALLY ON THE UNDERSIDE OF THE PENILE SHAFT BY THE SCROTUM), YOU WILL FIRST WASH WITH SOAP AND WATER, PAT DRY, THEN TAKE PHOTOS, THEN PLACE BACITRACIN OINTMENT ON, THEN PLACE A BAND-AID.
* IF A SKIN SORE/ULCER DEVELOPS, YOU WILL NOW NEED TO CHANGE THE WRAP EVERY 1-2 DAYS (NOT EVERY 2-3 DAYS), PERFORMING MORE FREQUENT SOAP & WATER WASHINGS AND BACITRACIN OINTMENT PLACEMENT. AFTER CLEANING, AND BACITRACIN PLACEMENT, PLACE A NEW WRAP (FOLLOW WRAP PROTOCOL). IT IS CRITICAL FOR THE SKIN ULCER TO BE FIRST CLEANED, PAT DRY WITH A CLEAN TOWEL, AND THEN KEPT MOIST WITH BACITRACIN OINTMENT AT ALL TIMES FOR OPTIMAL HEALING. AGAIN, THIS NEEDS TO BE DONE EVERY 1-2 DAYS. IF YOU DO NOT DEVELOP SKIN SORES, YOU WILL NOT NEED TO CHANGE YOUR WRAP MORE FREQUENTLY.
* **SWELLING** OF THE PUBIC AND SCROTAL AREAS
* IF YOU EXPERIENCE EVEN VERY MINOR PUBIC OR SCROTAL SWELLING YOU WILL NEED TO INCREASE THE TENSION OF THE HALF FOLD. THIS IS DONE BY FIRST REMOVING THE LOOPED RUBBER BAND AND THEN REMOVING THE HALF FOLD GAUZE AT THE BASE AREA, THEN PLACING THE HALF FOLD ON WITH HIGHER TENSION, THEN PLACE THE LOOPED RUBBER BAND BACK ON.
* **NEEDLE HOLE CLOSURE:**
* ESPECIALLY DURING THE FIRST 3-4 DAYS, EXAMINE FOR LEAKS, OR IF YOUR WRAP IS GETTING EXCESSIVELY WET. WHEN THE WRAP IS OFF, DURING YOUR FIRST WRAP CHANGE ON DAY-3 FOR EXAMPLE, EXAMINE THE INTEGRITY OF THE SPOT BAND-AID AND REPLACE ONLY IF NEEDED. IF LEAKING IS OBSERVED OR IF YOU ARE UNCERTAIN, SEND PHOTOS FOR EVALUATION. YOU MAY NEED TO GLUE DOWN A NEW SPOT BAND-AID TO RESEAL THE HOLE. IF A NEW BAND-AID NEEDS TO BE PLACED, FIRST **REMOVE** THE *LOOPED RUBBER BAND* AND *PLASTIC RING* TO RELIEVE PRESSURE, THIS WILL MAKE IT EASIER FOR SPOT BAND-AID PLACEMENT. THEN PLACE LOOPED RUBBER BAND AND PLASTIC RING BACK ON AFTER A NEW SPOT BAND-AID IS GLUED DOWN.

**REVIEW ALL INSTRUCTIONAL VIDEOS** ON DR LORIA’S WEBSITE **LORIAMEDICAL.COM**. SOME VIDEOS MAY NOT HAVE BEEN FULLY UPDATED, BUT PLEASE REVIEW THEM AND ALSO PLEASE REFER TO YOUR ***CURRENT PAPERWORK*** AND PHOTOS TAKEN, ***WITH YOUR PHONE,*** DURING YOUR WRAP ON THE PROCEDURE DAY FOR REFERENCE AND TO REMIND YOU HOW TO PERFORM YOUR WRAP.

**DAILY PHOTOS:** TAKING PHOTOS IS TO BE DONE DAILY- **THIS IS MANDATORY**.

* PLEASE TAKE PHOTOS ***IN THE MORNING,*** THIS WILL ALLOW THE APPROPRIATE TIME FOR EVALUATION AND RESPONSE BY THE LORIA MEDICAL STAFF DURING NORMAL AND REASONABLE HOURS OF THE DAY. **AFTER HOURS OR NIGHTTIME COMMUNICATION SHOULD BE LIMITED TO EMERGENCY CONTACT ONLY.**
* **TAKE DAILY PHOTOS** WITH YOUR PHONE AND SEND TO THE GROUP TEXT MESSAGING (THAT WAS SET UP ON YOUR PHONE ON YOUR PROCEDURE DAY), AND **ADD COMMENTS** ON HOW YOU FEEL AS WELL. THIS IS MANDATORY. EVEN IF YOU FEEL FINE, LET US KNOW AND SAY, “I FEEL FINE”.
* TAKE ***TOP AND UNDERSIDE VIEWS*** AS WELL SO WE CAN SEE THE ENTIRE AREA. USE ***GOOD LIGHTING*** AND KEEP PHOTOS CLEAR AND NON BLURRY.
* **DURING WRAP CHANGE TIMES, TAKE PHOTOS OF THE PENILE SKIN WHEN WRAP IS OFF**, AND ALSO TAKE PHOTOS JUST AFTER THE NEW WRAP IS PLACED ON AS WELL. THIS IS VERY IMPORTANT TO EVALUATE YOUR SKIN, AND THEN EVALUATE HOW YOU PLACED YOUR NEW WRAP ON.
* AFTER DAY-21 YOU ARE TO TAKE PHOTOS WEEKLY UNTIL DAY 90.

**THE WRAP IS NOT TO BE REMOVED UNTIL THE SPECIFIED RE-WRAP TIMES.**

* **THE ONLY EXCEPTION** TO REMOVING SOME OF THE WRAP BEFOREHAND, *PRIOR TO DAY-3*, IS IF YOU HAVE A ‘LEAK’ OR IF YOU NOTICE THE ***WRAP GETTING WET***.
* IF THIS OCCURS, NOTIFY US AND SEND PHOTOS FOR EVALUATION. IF IT HAS BEEN CONFIRMED THAT A POTENTIAL LEAK MAY HAVE OCCURRED, THEN YOU WILL NEED TO UNWRAP ***A PORTION*** OF THE WRAP, NOT THE WHOLE WRAP, TO EXPOSE THE SPOT BAND-AID AREA.
* YOU START WITH REMOVING THE HALF FOLD AT THE VERY TOP OF THE WRAP JUST UNDER THE GLANS, AND THEN UNWIND THE BROWN GAUZE ONLY, AND UNWIND JUST ENOUGH TO VISUALIZE THE SPOT BAND-AID/GLUED AREA (WHERE THE ENTRY POINT FOR THE FILLER INSERTION IS LOCATED, WHICH SHOULD BE ON THE RIGHT SIDE AND ABOUT THE MID-SHAFT AREA OF THE PENIS). IF THE SPOT BAND-AID FELL OFF, IS LOOSE, OR THERE IS FLUID LEAKING OUT, YOU WILL FIRST NEED TO **REMOVE** THE LOOPED RUBBER BAND AND PLASTIC RING…THIS WILL DECREASE THE PRESSURE IN THE AREA AND SLOW DOWN THE LEAK. THEN YOU WILL NEED TO CAREFULLY REMOVE THE SPOT BAND-AID (IF NOT OFF ALREADY) THEN PAT DRY, THEN PRESS GENTLY ON THE HOLE WITH CLEAN GAUZE FOR 2-3 MINUTES (TO HELP STOP THE FLOW OF FLUID COMING OUT), THEN PLACE 10-DROPS OF KRAZY GLUE DIRECTLY ON THE SPOT BAND-AID PROVIDED, THEN PLACE THE SPOT BAND-AID DIRECTLY ON THE NEEDLE HOLE AREA (WHERE THE FLUID IS COMING OUT), THEN TAP ON THE SPOT BAND-AID MANY TIMES FOR ABOUT 30-60 SECONDS.
* THE REASON FOR THE *TAPPING* ON THE SPOT BAND-AID POST PLACEMENT, IS TO MAKE SURE THE SPOT BAND-AID STICKS ON EVENLY AND SO THAT YOUR FINGER *DOES NOT GET STUCK* ON THE SPOT BAND-AID DUE TO THE KRAZY GLUE WHICH DRIES SO QUICKLY (DO NOT HOLD SPOT BAND-AID DOWN BECAUSE YOUR FINGER WILL STICK TO THE KRAZY GLUE, NEED TO TAP FOR YOUR FINGER NOT TO GET ‘GLUED DOWN’). CONTINUE TAPPING THE SPOT BAND-AID DOWN FOR AT LEAST 1-MINUTE.
* AFTER TAPPING AND SECURING THE SPOT BAND-AID, EXAMINE IF THERE IS ANY LEAKING, AND IF NOT, THEN PLACE SEVERAL PIECES OF PAPER TAPE ON TOP OF THE SPOT BAND-AID TO SECURE IT IN PLACE. THEN PLACE THE BROWN STRETCH GAUZE BACK ON, THEN PLACE THE LOOPED RUBBER BAND AND PLASTIC RING BACK ON AS WELL. IF IT IS STILL LEAKING AFTER YOUR FIRST ATTEMPT OF PLACING THE SPOT BAND-AID AND GLUE ON, THEN REPEAT THESE STEPS AND ADD AN ADDITIONAL SPOT BAND-AID ON TOP OF THE FIRST ONE. LET’S ASSUME THE HOLE HAS BEEN SEALED, BROWN STRETCH GAUZE IS BACK ON...NOW LET’S MOVE ON TO **DAY-3** WHEN YOU WILL ***CHANGE THE WRAP*.**
* **RE- WRAP OR WRAP CHANGE PREPARATION:** WHEN YOU ARE READY TO PERFORM YOUR WRAP CHANGE, MAKE SURE ALL YOUR MATERIALS ARE LAID OUT AND READY ***BEFORE*** TAKING THE WRAP OFF. WE NEED TO BE ORGANIZED AND DO THIS IN A TIMELY MANNER.