**BARRIER PROTOCOL:** *UNDERSTANDING YOUR BARRIERS*

* **WHY HAVE A BARRIER?**
* A BARRIER, SUCH AS YOUR LOOPED RUBBER BAND & TIGHT HALF FOLD, THE PLASTIC RING & STRAPS, AND THE SCROTAL RING, ALL PLAY A KEY ROLL IN ***PREVENTING LOSS OF FILLER MATERIAL*** INTO THE PUBIC AND SCROTAL AREAS.
* IF LOSS OF FILLER MATERIAL OCCURS, IT CANNOT BE PUT BACK INTO THE PENILE SHAFT (OR SCROTUM IF YOU HAD TREATMENT THERE). SUB-OPTIMAL RESULTS MAY OCCUR.
* BARRIERS ARE TO BE WORN 24 HOURS A DAY, 7 DAYS A WEEK…EXCEPT DURING YOUR BARRIER BREAKS.
* BARRIER BREAKS ARE CRITICAL – WILL HELP PREVENT SKIN SORES OR ULCERS FROM DEVELOPING.
* **THE BARRIERS YOU WILL BE USING:**
* **BARRIER FOR DAY-0 TO DAY-7**
* LOOPED RUBBER BAND & TIGHT HALF FOLD WILL BE YOUR PRIMARY BARRIER FOR THE FIRST 7 DAYS.
* THE PLASTIC RING & STRAPS BARRIER WILL BE PLACED ON AS WELL BUT WITH***MILD TENSION,*** AND FOR THE PURPOSE AS A SECONDARY BARRIER, WHICH WILL HELP KEEP THE PUBIC FAT PAD OFF OF THE PENILE SHAFT AND ‘OUT OF THE WAY’.
* IN ADDITION, THE PLASTIC RING & STRAPS WILL ALSO HELP KEEP FILLER OUT OF THE PUBIC AND SCROTAL AREAS.
* NOTE: IF YOU HAD THE **SCROTUM TREATED,** YOU WILL NEED TO WEAR THE SCROTAL RING ***INSTEAD OF*** THE PLASTIC RING & STRAPS FOR THE FIRST 7 DAYS. THE SCROTAL RING WILL NEED TO BE WORN UNTIL DAY 21.
* MASSAGING & SHAPING IS ALWAYS WITH YOUR BARRIERS ON.
* **PLEASE NOTE: DAY-7/8 BARRIER CHANGE**
* THE DAY 7/8 WRAP CHANGE WILL OCCUR ON DAY 7 EVENING OR DAY-8 EARLY MORNING.
* THE PRIMARY BARRIER WILL CHANGE FROM THE LOOPED RUBBER BAND & TIGHT HALF FOLD, WHICH WILL BE TOTALLY REMOVED. AND THE PLASTIC RING & STRAPS WILL NOW BE ON WITH MODERATE TO HIGH TENSION.
* AFTER THE CHANGE HAS BEEN MADE, YOU WILL NOTICE THAT THE VERY BASE OF THE PENILE SHAFT WILL BE MORE NARROW OR THINNER THAN THE REST OF THE PENILE SHAFT. THIS NARROWING WAS CAUSED BY THE LOOPED RUBBER BAND & TIGHT HALF FOLD.
* TO REMEDY THIS NARROWING, YOU WILL NOW PERFORM FINGER ROLLING MOTIONS TO ‘PUSH’ SOME OF THE FILLER DOWN TO THAT AREA. PLEASE REFER TO YOUR MASSAGING & SHAPING PROTOCOL.
* THE REASON WHY WE MUST BEGIN WITH A LOOPED RUBBER BAND & TIGHT HALF FOLD BARRIER, INSTEAD OF THE PLASTIC RING & STRAPS FROM DAY-0 IS BECAUSE THE FILLER, WITH THE INFLAMMATION AND EDEMA, MAKES THE FLUID VERY WATERY (LOW VISCOSITY). THIS LOW VISCOSITY FLUID CANNOT BE HELD BACK WITH THE PLASTIC RING (NOT GOOD TO HOLD BACK ***LOW VISCOSITY FLUIDS).*** HOWEVER, THE LOOPED RUBBER BAND AND TIGHT HALF FOLD WILL DO THE JOB.
* NOW, BY DAY 7/8, WHEN THE EDEMA IS LESS AND THE FLUID UNDER THE SKIN BECOME THICKER (HIGHER VISCOSITY) THE PLASTIC RING CAN NOW BE AN EFFECTIVE BARRIER. SO, WHEN YOU TRANSITION TO THE PLASTIC RING FROM THE LOOPED RUBBER BAND & TIGHT HALF FOLD, THE NARROW PENILE BASE NEEDS TO BE CORRECTED BY PUSHING FILLER DOWN TO THIS AREA.
* **DAY-8 TO DAY-21**
* NOW THE LOOPED RUBBER BAND & TIGHT HALF FOLD WILL NO LONGER BE USED AS A BARRIER, PLEASE REMOVE.
* THE PLASTIC RING & STRAPS WILL NOW BE YOUR PRIMARY BARRIER UNTIL DAY 21. THE PLASTIC RING & STRAPS ARE PLACED ON WITH ***MODERATE TO HIGH TENSION.***
* THOSE WHO HAVE HAD A SCROTAL TREATMENT WILL NOW PLACE THE PLASTIC RING & STRAPS ON, AND CONTINUE WEARING THE SCROTAL RING. THE SCROTAL RING WILL NOW NEED TO BE PLACED OVER (OR ON TOP OF) THE PLASTIC RING (NO LONGER DIRECTLY ON THE FRONT SIDE OF THE PENILE SHAFT).
* *IF THE PLASTIC RING & STRAPS BEGIN TO HURT AFTER A FEW DAYS*, SOMETIMES CAUSING A SKIN SORE BY THE UNDERSIDE OF PENILE SHAFT AND SCROTAL AREA, YOU CAN USE THE **SCROTAL RING** AS A SUBSTITUTE OR ALTERNATIVE TO THE RING & STRAPS. KEEP IN MIND THAT THE SCROTAL RING MAY LEAVE AN INDENTATION IN THE SKIN AT THE PENILE BASE AREA.
* **PLEASE NOTE: DAY-0 TO DAY-21**
* SCROTAL RING IS TO BE WORN ONLY IF:
* YOU HAD A **SCROTAL ENHANCEMENT TREATMENT**– THIS IS AN ADDITIONAL PRIMARY BARRIER (TO YOUR RUBBER BAND & TIGHT HALF FOLD) TO PREVENT SCROTAL FILLER LOSS.
* AFTER DAY-7 YOU WILL BE WEARING THE PLASTIC RING & STRAPS AS YOUR PRIMARY BARRIER. IF THE PLASTIC RING & STRAPS ***BECOME TOO UNCOMFORTABLE***, YOU CAN USE AN ALTERNATE BARRIER, THE SCROTAL RING. THE SCROTAL RING WILL BECOME YOUR PRIMARY BARRIER INSTEAD OF THE PLASTIC RING & STRAPS.
* SCROTAL RINGS COME IN A VARIETY OF TYPES, SUCH AS A SILICONE RING, AND VARIOUS SIZE LARGE RUBBER BANDS.
* USE THE SCROTAL RING THAT FITS PROPERLY, AND PROVIDES MODERATE TO HIGH TENSION.

**NOTE: PLASTIC RING & STRAPS:**

* THE PLASTIC RING & STRAPS WILL BE WORN FROM THE TREATMENT DAY TO DAY 7 WITH ***MILD TENSION.*** THE PLASTIC RING IS A SECONDARY BARRIER DURING THE FIRST 7 DAYS, AND THE LOOPED RUBBER BAND AND TIGHT HALF FOLD IS YOUR PRIMARY BARRIER FOR THESE FIRST 7 DAYS.
* FROM DAY-7 TO DAY-21 THE PLASTIC RING & STRAPS NEED TO BE ON WITH ***MODERATE TO HIGH TENSION***. NOW THE PLASTIC RING BECOMES YOUR PRIMARY BARRIER, AND THE LOOPED RUBBER BAND AND TIGHT HALF FOLD ARE NO LONGER USED.
* THE PLASTIC RING IS ATTACHED TO THE BODY BY A 3-STRAP SYSTEM, ONE LONG AND TWO SHORT STRAPS. THE LONG ONE GOES AROUND THE WAIST AND THE TWO SMALLER ONES GO AROUND THE LEGS.
* THE PLASTIC RING WILL NOW BECOME YOU **MAIN BARRIER** PREVENTING FILLER LOSS ***FROM DAY 7-21.***
* THE PLASTIC RING & STRAPS ARE TO BE WORN WITH HIGH TENSION 24 HOURS A DAY 7-DAYS A WEEK…THERE ARE NO EXCEPTIONS TO THIS. ALWAYS PLACE AS MUCH TENSION AS YOU CAN TOLERATE.
* THE STRAPS MAY IRRITATE THE SKIN, SO PLACE YOUR COTTON UNDERWEAR ON FIRST, THEN THE PLASTIC RING & STRAPS. YOU CAN ALSO USE TUBE SOCKS TO PLACE THE STRAPS IN FOR COMFORT.
* BARRIER BREAKS STILL APPLY, THE PLASTIC RING BREAKS ARE TAKEN BY LOOSENING THE STRAP FROM THE RING.
* REMEMBER THAT WHEN YOU TAKE A PLASTIC RING BREAK, PLACE TRIAMCINOLONE OINTMENT ON THE SKIN AND MASSAGE AS WELL FOR 1-2MINUTES. THIS WILL HELP PREVENT SKIN SORES FROM DEVELOPING.
* IF THE PLASTIC RING & STRAPS BECOME PAINFUL TO WEAR, YOU WILL NEED TO SHIFT TO THE SCROTAL RING AS YOUR PRIMARY BARRIER. THE SCROTAL RING IS PLACED OVER THE PENILE SHAFT ***AND*** SCROTAL AREA.
* THE ONLY DRAWBACK TO HAVING THE SCROTAL RING AS YOUR PRIMARY BARRIER, INSTEAD OF THE PLASTIC RING IS THAT YOU MAY FORM AN INDENTATION ON THE FRONT SIDE OF THE PENILE SHAFT, DIRECTLY DUE TO THE PRESSURE OF THE SCROTAL RING.